

Training and safety issues.



Welcome To Your July Newsletter

I am so pumped that the weather is warmer and the salmon are coming in (most area's anyway), that I am finding it difficult to concentrate on work. With these distractions it's easy to get into trouble, not that getting into trouble has ever not been a problem in our incredible state. So I just want to say a few things:

- Be bear and moose aware. They still have their babies with them and bear love to fish as well.
- Don't get overheated. Drink plenty of water.
- Keep those windshields clean.
- Wear sunglasses.
- Watch for children, bicycles and Motorcycles.

- Enjoy your cookouts and make sure those fires are out.
- Enjoy the water and your life vests.
- Don't try to catch a Frisbee while flipping those brats.

5-Minute Safety Talk - Lawn Mowing Essentials

A few basic safety measures will help you care for your lawn while preventing injury to yourself and others.

Whether you have a walk-behind mower or a ride-on, this [5-Minute Safety Talk](#) will help you achieve a beautiful lawn safely.



Upcoming Training

Please mark your calendars - “CLI – Identification and Repair” will be presented to you on **Wednesday, July 12th, 2017**. This informative training session will be hosted by **Luke Kelley with GCI** and will begin promptly at **8:15am** at the Field Services Building in Anchorage located at 5151 Fairbanks St.

In an attempt to reach as many members as possible, Luke will be hosting an encore presentation on **Wednesday, July 19th at 10:15am** in the same location.

Technology Webinar Series

The Technology Webinar Series is a collection of live, 1-hour, web-based seminars that cover hot-topics on the latest industry trends. Moderated by SCTE/ISBE training and engineering professionals, this educational presentation is a member benefit which is free. You must [register](#) to attend.

Virtualization in the Network - Thursday July 20th 2017 at 10am.

With announcements of virtual CCAP technology a major theme at last year's SCTE Cable-Tec Expo, it seems that operators are ready to consider adding network functions virtualization to their networks. But what does this mean, exactly? This webinar will aim to offer an introduction to virtualization, discussions of the potential benefits and use cases, and suggestions for a virtualization strategy.

CCNA1: Introduction To Networks

CCNA1: Introduction to Networks for cable business and networking professionals is the first of

two courses that may be used to prepare for the Cisco Certified Entry Level Technician (CCENT), and the first of four courses that may be used to prepare for the Cisco Certified Network Associate (CCNA) exam. By the end of this course, the learner will be able to build LANs, perform configurations for routers and switches, and implement IP addressing schemes in both IPv4 and IPv6.

Format: Online, Self-Paced

Go to scte.org for more information and registration

CORTEX

Have you downloaded the CORTEX app from SCTE yet? Let us know what you think. Send an email to <mailto:thealaskachapter@gmail.com?subject=My%20Experience%20with%20Cortex> or even post your feedback on our [Facebook](#) page. Follow your learning plans and track progress to guide you to become an expert and advance your career. You can download the CORTEX from the [App Store](#) or from [Google Play](#).

Around the Nation

If you are planning on doing a little bit of travelling this summer. You may want to check out the [Louisiana Chapter LTE Training and Cable-Tec Games](#) on the 12th of July or perhaps stop in at the [North Country Chapter Vendor Day And Golf Outing](#). Perhaps you should let them know if you will be dropping by.

Thinking of travelling around the country or the world, why not send us a photo of you in your SCTE shirt.

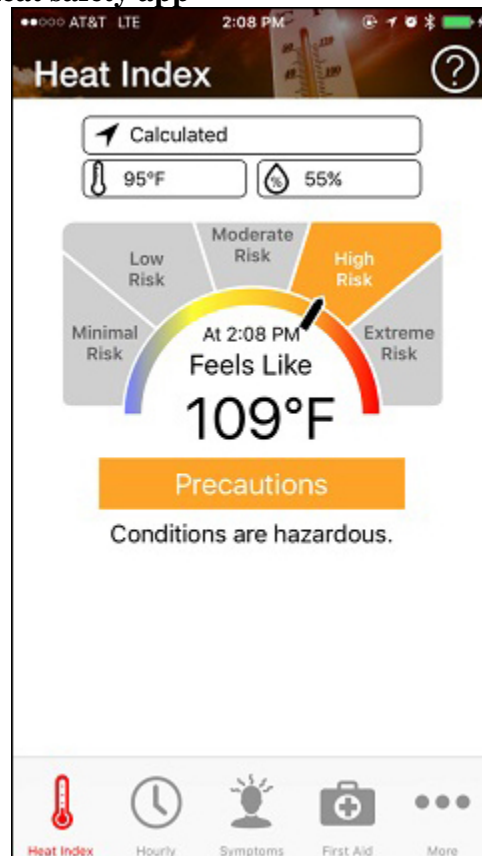
Trivia Question

Health and wellness is not a new concept for our industry. In 1912 the Colorado Telephone Company required their operators to do what in order to relieve the tedium of the job.

See answer at the end of the newsletter.

OSHA and NIOSH team up to offer updated heat safety app

The National Institute for Occupational Safety and Health and OSHA have collaborated to update OSHA's original Heat Safety Tool. The updated app, available for both [Android](#) and [iPhone](#), provides a clearer user interface, while still providing the same information to help keep workers safe when working outdoors in hot weather. Extreme heat causes more deaths than any other weather-related hazard; each year [more than 65,000](#) people seek medical treatment for extreme heat exposure.



Registration is open and hotel rooms are filling up fast. Don't miss the event of the year for our industry. Check out [this link](#) for more information.

Answer to trivia question



Calisthenics!

Hmmm, maybe after our next AIMS meeting or training program. Just sayin.



Copyright © 2017 The Alaska Chapter SCTE, All rights reserved.

As a member of SCTE and the Alaska Chapter, you are receiving this newsletter. If you wish to opt out you may do so.

Our mailing address is:

The Alaska Chapter SCTE
4710 business park blvd
Building F Suite 40
Anchorage, Ak 99503

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)

The MailChimp logo, featuring the word "MailChimp" in a white, cursive script font, centered within a dark gray rounded rectangular box.