

Training and safety issues.



## Welcome To Your February/March Newsletter

This has certainly been a busy month so far. Since the beginning of February we have conducted one of our major board meetings welcoming in our new officers and putting together our goals for 2017. We have also voted on which executive board members will be attending the **SCTE CLC** meeting next month. The CLC meeting is the annual Chapter Leadership Conference where our executive staff can meet with other chapter executive boards and take classes on how to be a more effective chapter. This year, our chapter was asked to present as part of a one hour discussion on what it takes to be a successful chapter. Seeing how we have been awarded chapter of the year for three years running, SCTE thought we could share some of what it takes to be successful. Congratulations to Barry Abisor for being chosen to present and represent The Alaska Chapter.

The board also discussed *training* for the coming year as well as the upcoming *vendor show* in May.

Speaking of training, have you downloaded the CORTEX app from SCTE yet?

### **CORTEX MOBILE**

**Access Technology 24/7 and Build Knowledge with the Industry's Most Connected Mobile App.**

CORTEX Mobile delivers tech resources, industry apps and the latest content from

SCTE/ISBE's extensive course catalog at the moment of need on the job site. Search for product docs and tech specs, access SCTE/ISBE's resource library, and explore our on-the-job toolkit to improve your job performance. Follow your learning plans and track progress to guide you to become an expert and advance your career. You can download the CORTEX from the [App Store](#) or from [Google Play](#).

## Upcoming Training

### Noise - Identification and Mitigation

This one hour session was held at 5151 Fairbanks Street in Anchorage. We are still working on a permanent solution so we can again offer training to the regions. Luke is available to answer your questions by email after the presentation. Once again Luke Kelly from GCI will be presenting this important training session.

### Router Installation and Operation

Presented at the **GCI Field Services Building located in Anchorage at 5151 Fairbanks Street**. These important training sessions will be hosted by **Billy Siekmeier and Barry Abisoror** with **GCI**.

Wednesday, March 1<sup>st</sup> – 4:00pm

Wednesday, March 8<sup>th</sup> – 8:00am

Wednesday, March 15<sup>th</sup> – 10:00am

### Alpha XM3 High Efficiency Cable UPS

**Coming March 3rd., Tony Castro with Alpha Technologies will be presenting "Alpha XM3 High Efficiency Cable UPS". This training session will begin promptly at 9am and will be held at the GCI Wasilla Office at 1051 E. Bogard Road. *This presentation will also be available through GoToMeeting* so keep an eye out for an email with more information.**

### Grounding – Best Practices

#### Field Services Building in Anchorage

Wednesday, March 8<sup>th</sup> – 10:00am

### Test and Measurement Trends

Thursday, March 16, 2017, 10:00 AM Alaskan

**Description:**

This webinar, presented through **SCTE LiveLearning** will provide an overview of major trends in test and measurement for cable operator networks with a deep dive into areas of significant interest from three experts in the field.

[Register for this Webinar](#)

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**Trivia Question**

Who was the first US President to have a telephone on his desk in the White House?

See answer at the end of the newsletter.

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***Safety+Health Sneak Peek***

**Fatigue and Worker Safety**

Fatigue is increasingly in the spotlight as a workplace safety issue. Risk factors of occupational fatigue include long work hours, a heavy workload, lack of sleep, environmental factors and medical conditions.

The National Safety Council has launched an initiative about fatigue, gathering data with the aim of identifying solutions and releasing a policy toolkit and other resources.

Experts say employers can help combat fatigue by offering breaks, scheduling work when employees are most alert and promoting the importance of sleep.

[Read the \*Safety+Health\* article here.](#)



## **NFPA** [Tip sheet provides timely carbon monoxide precautions](#)

CO incidents are more common during the colder months. In fact, half occur between November and February. NFPA's CO safety tip sheet explains the dangers and provides safety precautions. The CO community toolkit is a great springboard for a public awareness campaign.

## **News From American Ladder Institute The Moment You've Been Waiting For**

There are just a couple of days until [National Ladder Safety Month](#) - how will you be taking part?

Ladder-related accidents and injuries are easily preventable, but there is a lack awareness of the resources available to those using ladders at work and at home. This March, ALI seeks to increase the visibility of these resources by starting a national dialogue and highlighting the ways in which these accidents can be reduced or eliminated.



NATIONAL  
**LADDER SAFETY**  
MONTH

Want to get involved? Here are just a few of the ways you can get started:

- Host a ladder safety training event at your workplace
- Encourage employees to earn their **free** Ladder Safety Certificate and become a Safety Ambassador\* through [ALI's Ladder Safety Training website](#)
- Highlight National Ladder Safety Month on signs and on digital monitors/TVs throughout your work space
- Don't forget about your friends and family, too! Ladders are used by almost everyone. Share what you have learned about ladder safety training at home.

Visit the [National Ladder Safety Month](#) website to learn about more ideas of how you can participate.

**Learn More About How You Can Get Involved**

*\*Any company with 20 or more individuals with a valid ladder safety certificate is eligible to join the Safety Ambassador program. Contact [marketing@americanladderinstitute.org](mailto:marketing@americanladderinstitute.org) for more information.*

## Answer to trivia question

Herbert Hoover, the Thirty-First President 1929 - 1933



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